Chapter 6 Problem 30 †

Given

 $\begin{aligned} m &= 60 \ kg \\ v_0 &= 5.0 \ m/s \\ v_f &= 10.0 \ m/s \end{aligned}$

Solution

Find the work done on the skateboarder.

Work done is equal to the change in kinetic energy; therefore,

 $W_{net} = \Delta K = \frac{1}{2}mv_f^2 - \frac{1}{2}mv_0^2 = \frac{1}{2}m\left(v_f^2 - v_0^2\right)$ $W_{net} = \frac{1}{2}(60 \ kg)\left((10.0 \ m/s)^2 - (5.0 \ m/s)^2\right) = 2250 \ J$ $W_{net} = 2.25 \ kJ$